

will kill her and her children " You fucking bitch, I have a bomb for you, I will get in your block, kill you and your children ." At that point, EIS stated that he has gone beyond EIS three year treatment period and therefore they referred his case to Enfield North Locality Team in June 2018. During the period of next few months (from June 2018 until October 2018 – they were reported numerous account of harassment and assaults to his council on his neighbour ) Mr Cordell has continued to harass his neighbours and has refused to engage with mental health services. Few neighbours already moved out from their flats due to Mr Cordell's aggressive behaviour and Enfield Council decided to seek possession of Mr Cordell's flat via the courts. In a recent court case the judge recommended that Enfield Council re-house Mr Cordell on the proviso that he engages with the MH Team. However he failed to do that.

In October 2018, Mr Cordell was physically aggressive towards another service user who lives in the same building as him. Mr Cordell took him by the throat and left him feeling unable to walk around on the floor or even flush his toilet chain for fear of sparking another altercation (with no basis) about excessive noise.

This triggered a safeguarding process and Enfield Adult North Locality Team decided to organise MHA assessment as Mr Cordell refused to engage with them.

Consequently, he was referred for MHA assessment on the 17<sup>th</sup> of October 2018. Enfield Adult North Locality Team agreed that he is at risk to others and his behaviour could also put him at risk from others. Application for 135(1) was made however a judge found insufficient evidence presented for a warrant. He was referred to a forensic sector following this event.

On the 25<sup>th</sup> of October he was arrested as the police were called to his flat regarding him breaking a harassment order and that day he allegedly assaulted the police who attended by spitting. Consequently, he was taken to Wood Green police station. He was found to be thought disordered with grandiose and persecutory delusions, hypomanic with flight of ideas and pressured speech. Therefore MHA assessment was organised. He was detained under section 2 of MHA and admitted to Dorset ward, Chase Farm Hospital on the 25<sup>th</sup> of October 2018.

Mr Cordell explained that the police were conspiring with medics and the council to silence him as he had uncovered police corruption. He also said his neighbours two floors above were controlling the neighbour below them and caused them to stamp on the floor and disturb him. It was reported that he appeared to lack insight into his presentation as he did not believe he was mentally unwell and was adamant to see a psychiatrist for treatment.

### **Mental state examination on admission**

Mr Cordell is 37 year old male, mixed origin, slim build. He was wearing casual and dirty clothes. He engaged in conversation and made eye contact throughout. He was calm and polite during the interview, no aggression was observed but did become mildly restless at points. The conversation was one sided with Mr Cordell keen to talk. He presented with pressured speech and flight of ideas. Mood, subjectively he described as "fine, a bit elated", objectively he was elated. Thoughts: He presented thought disordered with tangential thinking, grandiose and persecutory delusions. He was oriented to time, place and person. He presented with poor insight – does not want any medications, he does not believe that has a mental health disorder.

### **Risk**

**To self – high**