

Consultant Review

Present: Dr Julia Cranitch (consultant), Dr Rosie Mills (ST4), Tracey (ward nurse), Zoe (medical student), Simon (patient)

MDT discussion:

We reviewed Simons history and events around admission on rio notes and MHA papers.

Interview:

Simon joined the meeting, everyone introduced.

- Simon told us that he has researched the members of staff in the meeting online and by asking people, he thought that Dr Cranitch had worked in south America with a childrens charity. We clarified this with Simon, he had obtained some incorrect information from google and linked in etc.
- We explored with Simon the events leading up to his admission, this was quite difficult to acheive coherently as Simon frequently jumped from topic to topic and also would focus on events that had happened months and years ago, required a lot of prompting and direction in order to discuss the matter at hand.
- Simon told us that he has an asbo for which he is due in court on 1st September. Spoke about some events that he had run several years ago, in 2013, organised a birthday party for someone he knew, which involved obtaining a gazebo which later turned out to be stolen property, and he was charged with this.
- Described being under bail conditions for about a year which involved a curfew and a tag and having to attend a London office on a daily basis. Started working on festivals, describes various roles working in entertainment and events. Simon spoke at length about a business he wanted to reopen, and spent a lot of time researching into the legal situation.
- Described going to gp with anxiety in the past but didn't require any follow up, then described receiving phone calls from mental health services asking how he was, then 2 professionals (one called Sandra) came to his house for an assessment, Simon felt that this went ok and that someone was going to come and see him again in a months time.
- Simon has cctv cameras up in his corridor and one inside his front door. Disagrees that this infringes anyone elses privacy despite the camera filming the communal corridor and outside the property. Told us that he likes to record himself in the flat aswell in order to document 'like a journal' what he is up to, and also appeared to refer to this several times as evidence of his innocence.

Events around coming into hospital/progress.

- Asked about threats to harm neighbour and her children, Simon denied this "Ive been in childrens homes my whole life, I would never harm a child" "I 100% did not make a threat".
- Simon described a difficult situation with a previous neighbour "I had an altercation with another neighbour called Deborah Andrews who had a problem with alcohol". "Council moved her out of the property". She was trying to cause me problems, banging around the house and knocking on the door asking for money".
- On day of recent MHA, Simon was at home, a friend had visited him with new baby, friend left. Police arrived at the property, which Simon saw with his cameras. Police were responding to a call they had received about him making a threat against his neighbours, Simon disputes this allegation.
- Q:Why would the neighbours say that? Simon feels this is because he had been playing music.
- Simon spoke at length about the treatment he subsequently received in the police station. Simon feels strongly that the assessment was not adequate and not legal.
- Dr Cranitch explained our assessment of his progress, that he had taken antianxiety drugs for the past few days. Dr Cranitch explained that she felt that Simon was not mentally well currently and that the treatment she advises is an antipsychotic medication called olanzapine.
- Simon feels that he is able to think clearly, denied any his thoughts were being interfered with in any way. Listens to radio and tv, denied that he feels radio and tv are talking about him. Pressue of speech evident, overinclusive and rambling manner of speech, at times standing up to better express himself, difficult to interrupt, frequently referring to injustices and things done illegally against him, some of his thought content was grandiose in nature, spoke of having tens of thousands of facebook friends and that his mum had gifted him 20million emails (contacts) for his business, that his mum also owns several business, mentioned a computer game company. It was unclear as to the veracity of these statements.

Tribunal:

Dr Cranitch explained the tribunal process and that the tribunal may decide to end the detention under Section 2. If section 2 stopped, Simon told us that he would consider staying in hospital for a bit longer. "Whatever it takes to get out of hospital so I can go out and look after other people". If Section 2 upheld we explained that we would want Simon to remain in hospital for a while longer and take medication to treat his mental illness. REassured Simon that we want to help him get better.