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| when discharged .<br>Serve prescribed medications and monitor for side effects.<br>Liase with MDT to discuss progress. |  |  |  |  |
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| Challenges and Needs Category:  |   | Challenges and Needs Sub Category:                                |                         | Challenges and Needs Detail: CP 3:Aggressive behaviour |                      |
|---|---|---|-------------------------|--|----------------------|
| Intervention Category:  |   | Intervention Type:  |                         | Client Agreed: No Section 117: No                      |                      |
| Goals   | Activities  | Client's View   | Main Person Responsible | Planned / Actual Start Date                            | Anticipated End Date |
| X<br>For his mental state to be stabilized.<br>To decrease acting out behaviour.<br>To approach staff if he feels agitated. | To demonstrate the ability to exercise internal control over his behaviour.<br>To identify ways to deal with tension and aggressive feelings in a non destructive manner.<br>To express feelings of anxiety, fear, anger, or hostility verbally or in a non destructive manner.<br>Staff to build a trusting relationship ideally well in advance of the aggressive behaviour.<br>Staff should be aware of the factors that increase the likelihood of aggressive behaviour and use verbal de-escalation including time out to help calm him down.<br>Staff to offer him PRN medication to help him calm down if he feels agitated. | 8/10/18:Iam not an aggressive person .I have not attacked anyone. | CLIENT                  | 29 Oct 2018, 06:04                                     |                      |

| Challenges and Needs Category: Education & health promotion  |   | Challenges and Needs Sub Category: Smoking  |                         | Challenges and Needs Detail: CP 4:Smoking I do not smoke many cigarettes . |                      |
|--|---|---|-------------------------|--|----------------------|
| Intervention Category:   |   | Intervention Type:  |                         | Client Agreed: No Section 117: No  |                      |
| Goals  | Activities  | Client's View   | Main Person Responsible | Planned / Actual Start Date  | Anticipated End Date |
| X<br>1.For me to be aware of the current smoke free policy and adhere to its contents<br>2.For me to be aware of the support available with stopping smoking, and how to access these services<br>3.For me to be aware of the various products available to help with nicotine withdrawal and to be supported in | 1.To inform me on admission about the Smokefree Policy and to help me understand the contents of the policy<br>2.To work with me to help my adherence to the policy for the duration my admission<br>3.To inform all my visitors of the Smokefree Policy and ensure they also adhere to the policy<br>For Simon to be informed of leaving a healthy life and also informed of the support and materials for | I only smoke a couple of cigarettes and I do not wish to stop smoking at present. I might consider NRT later. | CLIENT                  | 3 Nov 2018, 23:32  |                      |