

Summary of assessment

Patient's name

Simon Cordell

Date of assessment

25/11/2014

1. Referral details and any other precipitating factors

. Mr Cordell was referred to the Enfield CRHT by his mother on 19/11/2014 as she was concerned that he was mentally distressed, paranoid towards her and thinking that the television was talking to him. According to his mother, he has had several incidents with the police recently and they were also worried about his well-being. Mr Cordell's mother was concerned that he was not willing to accept any help from the family. Mr Cordell's father had tried to help him on 19/11/2014 and went to his flat but Mr Cordell had asked his father to leave his house after seen his father talking to professionals from the mental health service (HUB). According to his mother, Mr Cordell had suffered years of harassment from the police due to his past offences. The police had attended the property as Mr Cordell's neighbour had complained that Mr Cordell was screaming in distress. The police had observed him holding a gas canister, which is usually used for recreation purpose and spoke with the CRHT colleague about his current situation. Mr Cordell's mother had requested the ECRHT colleagues not to see him on that day as she had feared that it might antagonise him. When the ECRHT colleague went to see Mr Cordell on 20/11/2014, they observed him being abusive towards his father and did not want to meet with the CRHT colleagues. Mr Cordell was subsequently referred for a MHA as he had refused to engage with the ECRHT.

2. Relevant social and medical history

Mr Cordell is living in a council flat on his own. He was in a long term relationship but his girlfriend had broken up with him 2 years ago. He was a victim of a large paedophile gang as a young child and was seen by CAMH and has a history of violent suicide attempts in the past. He has had many incidents from the police since in his late teens. According to his medical records, he was put in a Young Offender's Institution at the age of 16 for repeated driving offences, mainly driving without a license. Mr Cordell has an ASBO put on him due to him being aggressive when he was in the court for burglary in June 2014. The case at that time was dismissed. He has reported his ASBO is affecting his ability to do anything constructive in his life. He said that has tried to set up a business for providing party entertainment but he has not been able to do anything due to the restrictions of his bail. He was attending a youth centre in Enfield up and fought hard to keep it open with petitions etc..

He is suffering from Crohn's disease and according to his mother, he has not been taking medication for this disease.

3. Record of interview with patient (Include where it was conducted who was present and use of police if required during process)

The interview took place at Mr Cordell's home address. Those attended - M G, AMHP, I A, AMHP trainee, Dr M and Dr A S12 doctor. Mr Cordell put his dog in the back yard. The reason for the visit was explained to Mr Cordell and he was interviewed appropriately. He was very calm throughout the interview. He said he has been stressed with the fact that he had not been able to do anything in his life due to the previous bail conditions. The ASBO is affecting his business opportunities. He said he would like to build up his business and get on with his life but he is not being able to do this. He said he is spending most of the time indoors and occasionally taking his dog for a walk. He said he is working on his computer, trying to fix his website. He stated that he is getting sleep but found it being difficult for few days as he was working on his computer late at night. He denied drinking alcohol or taking any illicit drugs recently. When asked about the support he would require from the mental health service, he said that he would like to get some advice and move on with his life. He said he has no thought of harming himself or others. He was optimistic that he would go through this difficult situation and recognised that his grandmother's recent death had also contributed to his problems. He has agreed that he would contact the mental health crisis service if he needs help or he would go to the North Mdx A&E if he felt bad in the future. He said that he had contacted the crisis service in the past and he knows how to access services.

4. Assessment of risk to patient and/or to others

Mr Cordell had told the mental health professional in March 2014 that he had suicidal thoughts and he had been researching the ways to kill himself on YouTube. However, he said today that he is a strong person and he has no intention of harming himself or others. As he has not had any thought of harming himself recently, the risk remains low at present. He said that he knows how to get help if he needs any support in the future and he was given contact information about the ECRHT.

Risk of social isolation: He has stopped attending youth centre and not going out as he used to do in the past. He was advised to go out at least for a walk with his dog daily and he has agreed for this plan.