subliminal messages through my TV: I once again question the stability and accuracy of this statement, as for fact I did not quote this neither do I suffer from any dilutions or psychoses.

Mr Cordell is said to have believed that upstairs neighbour was stalking him, the neighbour has since moved and Mr Cordell felt she was still harassing him and had CCTV of this.

I have not said that my ex neighbour Debbie whom once lived above me is still stalking me as I have not seen her since she moved.

I also believe what the Mental Health has on there system about this is incorrect.

My ex neighbours name was Debbie and yes I did have some problems with her. When Debbie moved in I got along and looked after her for around 5 years, at this point of time in my life I was still in a long relationship with my Ex Partner and Debbie use to come to our front door and ask to borrow money from us, which if we could help we would and did as I am that sort of person and so was my Ex partner, like if I saw her trying to carry shopping up to her flat I would help her curry it to the door of her flat as I think this is the right thing to do but I never went into her flat.

After me and my partner ended in July 2013 Debbie started to come down to my flat more and more and trying to bring me drinks and also still asking for money I never let Debbie inside my flat. I would not take the drinks of her, for one thing, I don't drink and for a next reason I knew Debbie had a problem with drink so tried to say to her stop buying it and to stop drinking it.

Debbie started to send me letters and started banging on the floor in every room any were I went in my flat she was above me, our flats do not have any sound proofing so you can hear most things. The banging got worse and worse and she started banging on the tapes and pipes also I could not sleep I could not even go to the toilet without Debbie being above me.

I asked my mother if she could call Enfield Council as it was getting too much, which my mother did and also sent emails to them, I even called them myself. Nothing was being done by the council I told them I had CCTV of what was going on but they never asked to see it, in the one and only meeting I had with them they did not even ask to see all the evidence I have, I did offer more then once in the meeting to show them, the lady did not even write anything down.

I said to her that Debbie even attacked me outside the flat all of this was told to the council. Debbie was then moved out and I have not seen her since she moved.

I do state that I have many recordings of such past activates of me being victim to 113 Debbie and 117 Markandu's actions.

I attach a copy of transcripts relating to a video that I acclaim in relation to the Mathiyalagan Markandu, family as dated 00/00/2016 who live at 117 Burncroft Avenue, in response to the allegations of threats to kill which I now have to attend the police station for bail on the 10/10/2016.

This is a copy of the transcripts of the video footage of when I went up stairs to 117 on the top floor from my own flat, due to my members of my neighbours banging on the walls and floors to intentionally make my self victim to their actions, at around 19:42:43 on the 05th September 2016, 20:42:43 a few days after leaving the hospital.

The Start of transcripts when Knocking on door of 117 Burncroft avenue Enfield En3 7jq

Knocking on the door: 0:35 Woman: Who is that? 0:37

Simon: Its Simon let me speak to your husband. 0:38

Woman: Sorry. 0:41